

Every Day
Private yoga sessions with Anne in the yoga room: \$100
Also available for all guests: 10 minutes yoga consultation with Anne: included in the package
Please contact Anne directly to schedule the services above

16th April 2023		
4.00 pm	Pick up guests at Florence Airport - stop at the supermarket before arriving in the venue	If you would like a transfer that does not match the one included in the package please let us know asap so we will put you in contact with our transfer company.
6.00 pm	Guests arrival, apartments check-in	
7.30 pm	Welcome Dinner at the restaurant	
9.30 pm	Free time / bed time	
17th April 2023		
8.30 - 10.00 am	Yoga Class	8.00 - 8.30 am: Optional Meditation (included in the package)
10.00 - 10.45 am	Breakfast at the restaurant	
11.15 am - 3.30pm	Tour of Cortona with visit first into an olive oil mill and olive oil tasting	
Evening	Free Time: possibility to book an extra activity	
07.30 - 9.30 pm	Dinner at the restaurant	
18th April 2023		
8.30 - 10.00 am	Yoga Class	8.00 - 8.30 am: Optional Meditation (included in the package)
10.00 - 10.45 am	Breakfast at the restaurant	
11.15 am	Dogana Tour: venue and its museum	
	Free Time: possibility to book an extra activity	
5.30 pm	Cooking Course with the chef	
07.30 - 9.30 pm	Dinner at the restaurant	
19th April 2023		
8.30 - 10.00 am	Yoga Class	8.00 - 8.30 am: Optional Meditation (included in the package)
10.00 - 10.45 am	Breakfast at the restaurant	
11.15 am - 3.00pm	Tour of Castiglion del Lago (market day in the town!)	
Evening	Free Time: possibility to book an extra activity	
07.30 pm	Dinner at the restaurant	
20th April 2023		
8.30 - 10.00 am	Yoga Class	8.00 - 8.30 am: Optional Meditation (included in the package)
10.00 - 10.45 am	Breakfast at the restaurant	
	Free Time: possibility to book an extra activity	
3.00 pm	Wine Tasting (we will walk to the winery, 15 minutes walk, but offer also possibility to go by car with Dogana staff)	
07.30 - 9.30 pm	Dinner at the restaurant	
21th April 2023		
8.30 - 10.00 am	Yoga Class	8.00 - 8.30 am: Optional Meditation (included in the package)
10.00 - 10.45 am	Breakfast at the restaurant	
11.15 am - 4.30pm	Tour of Pienza (if weather permits we will do first a pic nic lunch in a stunning location!)	
	Free Time: possibility to book an extra activity	
07.30 - 9.30 pm	Dinner at the restaurant	
22th April 2023		
9.00 - 10.00 am	Breakfast at the restaurant	If you would like a breakfast take out box because you departure before the scheduled breakfast please let us know in advance to notify the Chef
11.00 am	Bus shuttle departure to Florence airport	If you would like a transfer that does not match the one included in the package please let us know asap so we will put you in contact with our transfer company